

Ouch! I got a cut!



Orlaith & Kathleen Staunton



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by

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To Rory

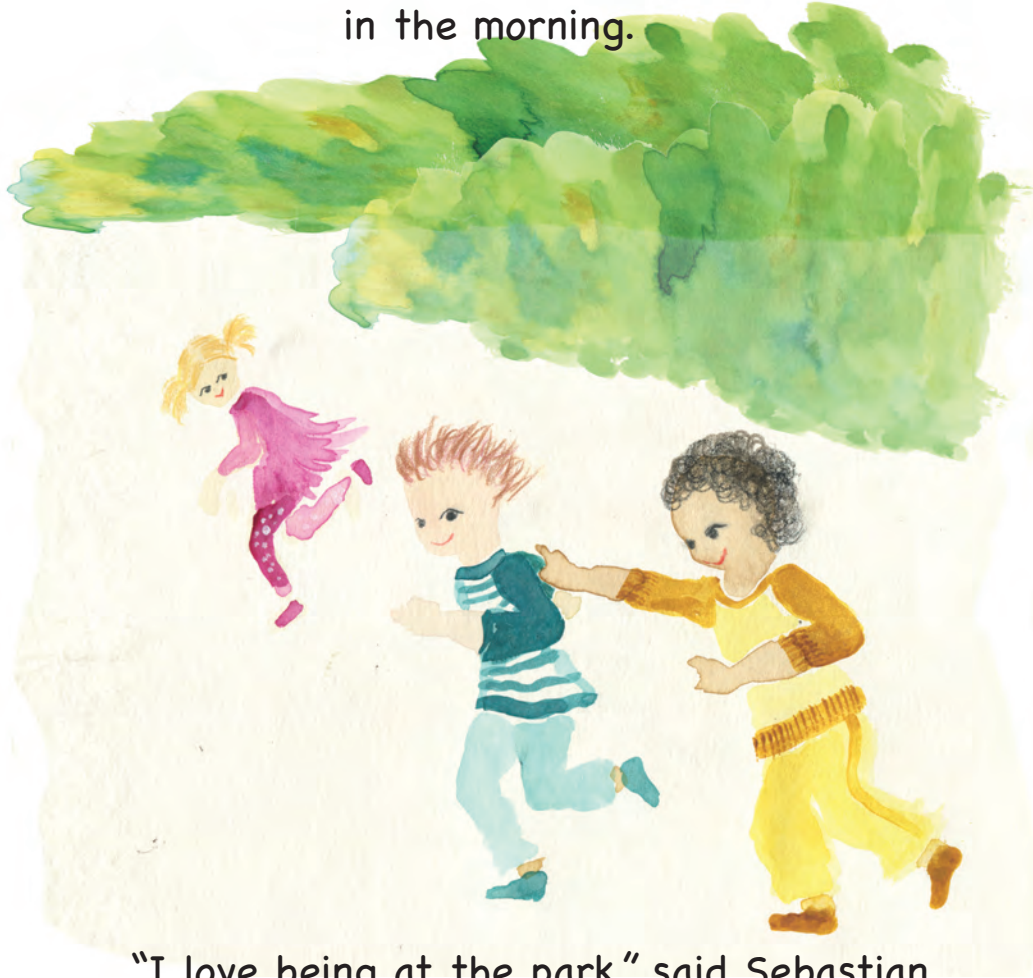




Sebastian, Jilly, and Nelson  
were best friends who loved to play in the park.

Some days they went to the park in the morning,  
some days they went to the park in the afternoon,  
and sometimes they went to the park in the evening after dinner.  
But there was always a grown-up with them.

One day, Sebastian, Jilly, and Nelson went to the park in the morning.



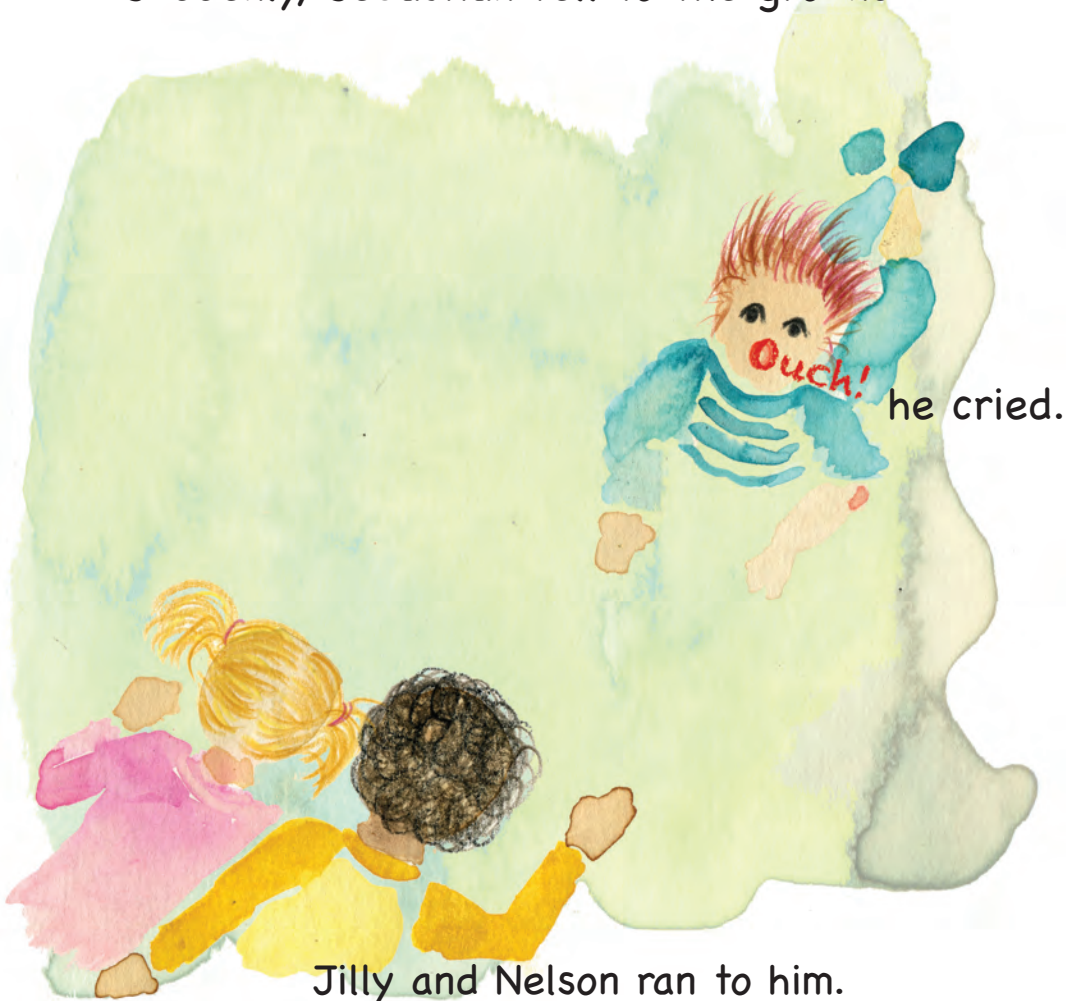
"I love being at the park," said Sebastian.

"So, do I," said Jilly. "Let's play tag!"

"You're it!" cried Nelson, tagging Sebastian and running with Jilly.  
Sebastian ran after them.



Suddenly, Sebastian fell to the ground...



he cried.

Jilly and Nelson ran to him.

"Sebastian, what's wrong?" asked Nelson.

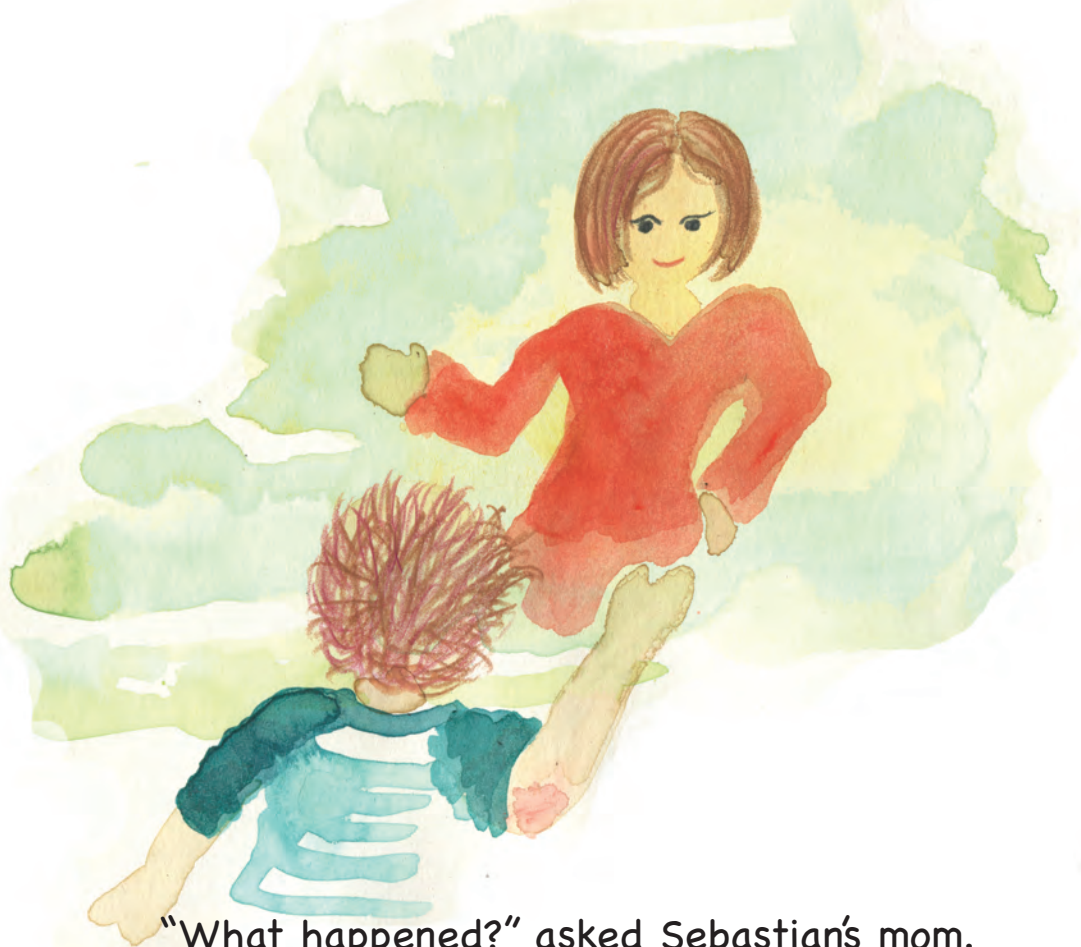
"I cut myself!" cried Sebastian,  
looking at his elbow where a small scratch had begun to bleed.

"I'm okay," he said.  
"It hurts a little but let's play!"

"No," said Jilly.  
"You must tell your mom."



"Mom!" Sebastian called as he, Jilly, and Nelson walked over to where the grown-ups were sitting.



"What happened?" asked Sebastian's mom.

"I fell," said Sebastian.

"I'm fine but Jilly said I had to show you my cut."

"Come with me to the bathroom," said Sebastian's mom.



Sebastian walked with his mom to the bathroom.  
She took his arm and gently held it under the warm water.  
"We need to wash your cut to clean any dirt and germs  
that might be there..."





...and then we will cover it  
with a band-aid  
so no germs get into it while  
it's healing,"  
Sebastian's mom said  
as she cleaned his cut and  
took a band-aid from her bag  
and put it on his arm.



Sebastian and his mom left the bathroom and walked back to where Jilly and Nelson were waiting.

“Sebastian, Jilly, and Nelson:  
always remember to be safe and wash your cuts,  
no matter how small,” Sebastian’s mom said.  
“It only takes a moment to tell a grown-up that you need help,  
but cleaning a cut will keep you safe.”





sang Sebastian to Jilly and Nelson.



The three friends giggled as they walked away.





"You're it!" cried Jilly as she ran and tagged Nelson.  
"No!" screamed Sebastian and Nelson  
as they followed laughing having fun in their favorite place,  
the park.

A note to parents:

We wrote this book to encourage children and their caregivers to clean and care for cuts, scrapes, and other small wounds.

This message is so important to our family that we have made it our life's work to educate others about the importance of good wound hygiene and avoiding infection.

To learn about our story, visit us online at the Rory Staunton Foundation for Sepsis Prevention.

[www.rorystauntonfoundationforsepsis.org](http://www.rorystauntonfoundationforsepsis.org)

THE RORY STAUNTON FOUNDATION  
FOR SEPSIS PREVENTION





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FOR SEPSIS PREVENTION

The Rory Staunton Foundation for Sepsis Prevention  
is dedicated to educating the public about sepsis,  
a life-threatening condition resulting from infection.

