

DO YOU KNOW THE SIGNS OF SEPSIS IN CHILDREN?

WHAT IS SEPSIS?

Sepsis is the body's **life-threatening response to any type of infection**. Sometimes the body's defenses can become overwhelmed and you can get very sick. There is no one symptom for sepsis and sometimes children may not even know they have an infection.

THE SIGNS AND SYMPTOMS OF SEPSIS IN CHILDREN



**RAPID
BREATHING**



**RASH THAT
DOESN'T FADE
WHEN PRESSED**



**FEVER OR
VERY LOW
TEMPERATURE**



**DISCOLORED OR
MOTTLED SKIN
(VERY PALE OR BLUISH)**



**HARD TO WAKE,
DISINTERESTED**



**HASN'T PASSED
URINE FOR
SEVERAL HOURS**



**HAS A FIT OR
CONVULSION**



**SEVERE MUSCLE PAIN,
OR PAIN IN THE JOINTS OF
THE WRIST, ELBOWS,
KNEES, HIPS, AND ANKLES**

▶ **IF A CHILD PRESENTS WITH ONE OR MORE OF THESE SYMPTOMS, SEEK MEDICAL ATTENTION** ◀

WAYS TO PREVENT SEPSIS



**BE UP TO DATE ON
VACCINATIONS**



**CARE FOR CUTS AND SCRAPES
BY WASHING AND COVERING
EVEN MINOR WOUNDS. KEEP
ALL WOUNDS CLEAN.**



**GOOD HYGIENE,
INCLUDING REGULAR
HAND WASHING**